



FOOTBALL HELMET FITTING

For Schutt Helmets with Inflatable Air Liners

Part #	Helmet	Size
#05091-SML	Schutt Youth Vengeance DCT Football Helmet	Small, Medium, Large
#05091-XL	Schutt Youth Vengeance DCT Football Helmet	X-Large
#05092	Schutt Youth Vengeance DCT Hybrid+ Football Helmet	Small, Medium, Large, X-Large
#05095-SML	Schutt Youth Air XP Football Helmet	Small, Medium, Large
#05095-XL	Schutt Youth Air XP Football Helmet	X-Large
#05096	Schutt Youth Air XP Hybrid+ Football Helmet	Small, Medium, Large, X-Large
#05098-SML	Schutt Youth DNA Pro+ Football Helmet	Small, Medium, Large
#05098-XL	Schutt Youth DNA Pro+ Football Helmet	X-Large
#05099	Schutt Youth Recruit Hybrid+ Football Helmet	Small, Medium, Large, X-Large

STEP 1



Proper fit is essential for the most effective performance of any helmet system. The helmet functions as a system and must be properly fit for optimum performance. The player must be made aware of the importance of a proper fit. Measure the player's head as shown (1" above the eyebrows around the widest part of the head).

STEP 2



Place the helmet on the player's head to properly inflate the air liner inside the helmet. To do this, we recommend a Schutt Inflation Pump and Needle. Be sure to lubricate the needle generously; glycerin is recommended. **DO NOT USE PETROLEUM BASED PRODUCTS. DO NOT WET THE NEEDLE WITH YOUR MOUTH.** Do not force the needle into the port; doing so may puncture the liner's opposite wall.

STEP 3



Begin with the bottom inflation port on the back of the helmet. This port inflates the Lateral Air Liner (the sides and back) of the helmet. Proper inflation will usually require 0-3 pumps, but that will vary. If too much air enters the liner, you can release it by using the valve. Proper inflation of the liner will hold the helmet snug against the player's head but not overly tight.

STEP 4



When finished inflating the Lateral Air Liner, repeat the process for the Crown Air Liner, which is the top inflation port on the back of the helmet. Proper inflation will usually require 0-2 pumps, but that will vary.

STEP 5



Properly fitted on a player, the helmet's front edge and nose bumper should be approximately 1" above the player's eyebrows. Minor adjustments can be made by adjusting the inflation of the Crown Air Liner. It's the interaction between the player and the person fitting the helmet that ensures proper fit & optimum helmet performance.

STEP 6



All Schutt helmets feature a standard 4-point high chin strap. The chin strap should be attached to the helmet underneath the faceguard, not above it. Tighten the chin strap so that it is snug and centered on the player's chin.

STEP 7



Another key component to properly fitting the helmet is the fit of the jaw pads. The jaw pads should be snug against the player's face, flush with his jaw, without pushing too forcefully into his cheeks.

STEP 8



To ensure the helmet fits properly, try rotating the helmet on the player's head. It should not slip. The player's hair and skin on the forehead should move with the helmet as it's rotated, but the helmet should not move independently of the head. When properly fitted, the helmet should fit snugly on the player's head, without being too tight, and should move only as the head moves.